

MACMILLAN CANCER INFORMATION SERVICE VOLUNTEER NEWSLETTER

Summer 2010

Volunteers:-

The service would like to thank all our volunteers for their hard work and commitment in supporting our clients within the community. As part of the celebrations Epping Voluntary Action provided the opportunity for our service to nominate volunteers for an award presented at a tea party in Theydon Bois. The Macmillan community case managers who nominated the volunteers had their names put into a draw. Denise Westrop – Macmillan Community Case Manager won the hamper from Epping Voluntary Action. Two volunteers were nominated for their hard work and continued outstanding contribution in befriending people affected by cancer.



Pictured with Denise Westrop are Leigh O’Gorman, Jacqui Griffin and Tracy Reed

If anyone knows someone who would like to volunteer please contact us on 01279 698673 or look at our website at: www.westessexcancerinformation

Training Update:-

Thank you to the volunteers that attended the update training on 26th April. I believe all involved agree it was very worthwhile.

Training Day

On April 25th Margaret, Chris and I attended the training day which was led by Tracy. It was a very interesting and informative day that was well structured and clear information was given. Among the issues covered were Health and Safety, Confidentiality and support for volunteers. As well as been given information we were given the opportunity to discuss issues around the people and families we visit and how we manage problems that arise which we all found very useful. It also gave us the chance to get to know each other better and by the end of the day we all felt that we had benefited and we really look forward to attending such days regularly and I would encourage anyone who can to join us. Thanks Tracy and Team
Maureen Kington
PS The lunch was good too!

Volunteer Training

Volunteer 2 day Training will be held on 15th & 16th September for new recruits. Letters will be sent out shortly with information confirming times and location. If anyone wants to use this as an update they are welcome to attend just contact the office.

Volunteer Week – Voluntary Action

The West Essex Macmillan Cancer Information and Support Service have celebrated Volunteer week 1-7th June in conjunction with Epping, Harlow and Uttlesford Voluntary Action. We hope you enjoyed your Thank you cards.

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Carers Week



Macmillan Support had a stall in the Harlow Playhouse for carer's week. Leigh spent the day handing out leaflets and chatting to carers and other services within Essex about the information and support that Macmillan can provide carers in the community.

Volunteer Social Evening Event –

Following the success of the last evening there are plans for another meal at the Hare Pub in Harlow. However, to give everyone a greater chance of attending there is a choice of dates and times 6th – 10th September 1pm – 7pm. Please feedback to the office your preferences by 12th August.

month. I have interviewed recently for new volunteers to do this but if any one would be happy to be responsible for the GP practice near to them or are interested in taking part in this project please contact me. The project has proved to create a lot of interest with Macmillan and they are now looking at developing this for other areas across the country.

Epping Forest College Cancer Promotion Awareness



Jean, Carley and Tracy spent lunchtime at Loughton College with students. The College asked if we would go in during their health awareness week and have a stand to promote Macmillan and cancer awareness. We were able to advise and support students of all ages and provide them the opportunity to become familiar with the service we offer and what information is available to them from us and the local libraries. The photo comes with the compliments of one of Jean's friends who met with Jean for lunch and a catch up. The session was successful and enjoyable and the feedback positive. This is the second year we have been invited to the college to promote cancer awareness.

Notice boards in GP practices across West Essex.

A generous donation of 40 notice boards provided by Macmillan will enable the service to place one in each of the GP practices within West Essex. In partnership with the commissioners, our service and the GP's will be able to advertise our service and promote cancer awareness and information in each of the practices across the three localities within West Essex. The aim is that volunteers will update the boards each



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